



I thought the report very technical and a lot of research.
I am more concerned about the reality of living with MCS.

I have had MCS for 17 years now, becoming so when at work the firm I was working for were using dangerous chemicals (one in particular 3m k500 adhesive promoter) There was no extraction fan, and they heated the rubber that I had to apply the chemical to, making it more dangerous.

My life virtually changed overnight, my health ruined, my life virtually ruined. Using the chemical (and many others that were brought in) over months in the same circumstances. I was extremely ill, with multitude of symptoms, very debilitating, collapsing many times.

When I was well enough to return to work, at a great effort on my part, being put back on the same jobs no one else wanted to do those jobs. With those chemicals. My firm became more neglectful and kept asking me when was I going to resign, and when we were on the phone to each other, was I ringing to resign etc. My life at home became impossible, as I was so ill for many months. My husband and two young kids were under enormous pressure and strain. I became aware of a great many products around the home and elsewhere that I normally use and in contact with that I could no longer tolerate. I was going downhill rapidly. After another very bad collapse, I resigned to save my life and what remained of my health. Not knowing that work cover would no longer cover me, and I no longer had any rights.

I live in a virtual bubble like existence, to have a minimal life; I take large doses of anti histamines, painkillers and vitamins, to have some normality very limited. To live in a normal world is no longer an option for me. My husband has lot health issues, to continue to care for him, to drive him to his medical appointments, I become so debilitated, and even on that amount of medications I take. Our family life had diminished as not many people can come into our home (bubble) and I cannot go anywhere much at all. All our lives have been destroyed forever.

What happens when I need care, especially aged care no place exists for those suffering MCS. Everyday products people wear and use make it impossible to be in my home or around me. Some people make major adjustments occasionally so that we can spend an important time together for a short time. I am still extremely affected and suffer. This is a hidden injury, not understood by the majority of people. And it is a very hard life.

Yours truly
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